

**2010 RSL Patriot Division Finals  
Spotsylvania YMCA - August 7, 2010**

(Last Update 8/2/10)

**DIRECTIONS:**

**SPOTSYLVANIA YMCA – 25 Meters, 8 Lanes**

**Spotsylvania Family YMCA  
5700 Smith Station Road  
Fredericksburg, VA 22407**

**Directions:** From North – I-95 to exit 126 Massaponax/Spotsylvania; South on Rt. 1 (bear to the right); at the 5<sup>th</sup> light take a right onto Spotsylvania Parkway (there is a stone waterfall up a short distance on right); go 2 miles; take a left at light onto Smith Station Rd; go 1 mile the Y is on the right.

**Parking:**

- The YMCA has requested that we DO NOT PARK IN ANY SPACES THAT ARE IN FRONT OF THE BUILDING. THESE MUST BE RESERVED FOR THE YMCA MEMBERS.
- There will be a drop off located in the parking lot next to the concessions pavilion, where people can unload chairs, tents, coolers and other items.
- You may park at Patriot Park, Parkside Elementary School, or the spaces by the YMCA playground and pavilion area. There is ample parking in these areas. **The Austin Ridge Tent Area is near the Elementary School**
- If you have a parking pass for the RSL area (small lot to left of the building – pool side), be sure it is displayed in the front window of your car. The lot closest to the pool will be reserved for RSL parking passes only.

PLEASE BE RESPECTFUL OF THESE PARKING REQUESTS!!!

**All teams: Individual team areas**

**Set-up: See above.**

**Break-Down:** At least 2 people from each team to help cleanup and break-down things after Finals

**Safety Marshals:** Each team provides a safety marshal during each of their warm up periods

**Equipment:** Each team should provide own stop watches, clip boards, pencils for their own timers.

Each team should bring DQ slips, clip boards, and pens/pencils for Stroke & Turn, Referees, and Starter.

\*Recommend teams label all their equipment

**Warm-Up Schedule**

Morning (10-U Swimmers)

7:20-7:35am Lanes 1-4 College Hts.  
7:20-7:35am Lanes 5-8 Massad Y  
7:40-7:55am Lanes 1-4 Fawn Lake  
7:40-7:55am Lanes 5-8 Austin Ridge  
8:00-8:15am Lanes 1-4 Curtis Park  
8:00-8:15am Lanes 5-8 Dahlgren

Afternoon (11-O Swimmers)

11:00-11:15am Lanes 1-4 Curtis Park  
11:00-11:15am Lanes 5-8 Dahlgren  
11:20-11:35am Lanes 1-4 Fawn Lake  
11:20-11:35am Lanes 5-8 Austin Ridge  
11:40-11:55am Lanes 1-4 College Hts.  
11:40-11:55am Lanes 5-8 Massad Y

0800 - Assemble timers/data folks  
0800 - Officials' meeting in lobby  
0820 – Call to Clerk of Course

11:15 - Assemble timers/ data  
11:15 – Officials' Meeting in Lobby  
12:00 Opening, Star Spangled Banner

## Timeline:

0825 - Opening, Star Spangled Banner

8:30 – Approx. 10:40 – First Session - Events 1-22

12:00 – 2:15 (Event 43) – 1st Half of Second Session – Events 23-43

2:15-ish – Approx. 4:30 – 2<sup>nd</sup> Half of Second Session – Events 44-66

*It is the responsibility of each team to make sure its volunteers arrive on time to their assigned positions.*

## Other Information

1. We will have the use of the grass area and pavilion behind the YMCA for teams to use. Each team will have a designated area for their team on the lawn and you will be able to set up tents/chairs in these designated areas. The ground will be mark by 6:30 PM on Friday for each team. You may come after 6:30 PM and set up your team tents. You may not come early because the YMCA has a children's camp that use this area until 6:30 PM. The YMCA does not take responsibility for your tents.
2. Massad Marlins will have a table on the pool deck by the glass doors to the lobby. Should any problems or questions arise, please come to that table and someone will assist you.
3. Food and drinks are allowed in the team areas and in the lobby of the YMCA.
4. **NO CHAIRS ARE ALLOWED ON THE POOL DECK.**
5. You may hang posters and banners in your team area.
6. **NO FOOD OR DRINKS are allowed in the pool area.** There will be safety marshals stationed throughout the facility to ensure these rules are being enforced.
7. There will be bleachers set up in the pool area. These bleachers are to be used only to watch your children swim. **Please do not plan on staying all day in the bleachers.** You will be asked to move to make room for others who are coming in to watch their children swim.
8. The Clerk of Course will be outside the pool door and directly inside of the Clerk of Course pool door.
9. Announcements will be made inside the pool area and outside areas announcing event numbers to report to clerk of the course.
10. There are two sets of bathrooms in the pavilion area and bathrooms in the locker rooms. NO WET swimmers will be permitted in any other bathroom.
11. The Spotsylvania YMCA will be providing the life guards. Please remember that we are to abide by their rules.
12. **First aid will be handled by the life guards. Please report to the life guard office in the pool area if any needs arise.** Spotsylvania County has been made aware of our event and the need for coverage.
13. The YMCA will provide trash cans for the team areas. Each team will be responsible for taking a full trash bag to the dumpster. Extra bags will be provided to put in the trash can after you empty it.
14. The coaches will clerk their own relays. Relays will NOT go through the Clerk of the Course.
15. Spectators WILL NOT be allowed to enter or leave through the door by Clerk of the Course. This is the door at the block end of the pool. Spectators should enter and exit through the door by the shallow end of the pool.
16. There will be a small pool of water by each door. Please wash the grass off of you feet if you are not wearing shoes.
17. In the event of thunder and lightening all people are asked to immediately clear the pool deck. The YMCA gym will be available to provide shelter.

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